


**WELCOME  
SANFORD FAMILY & FRIENDS**

**HOW  
HEALTHY  
IS YOUR  
PRAYER  
LIFE?**



**THE PRAYER  
OF A RIGHTEOUS  
PERSON HAS GREAT  
POWER  
AS IT IS WORKING.**

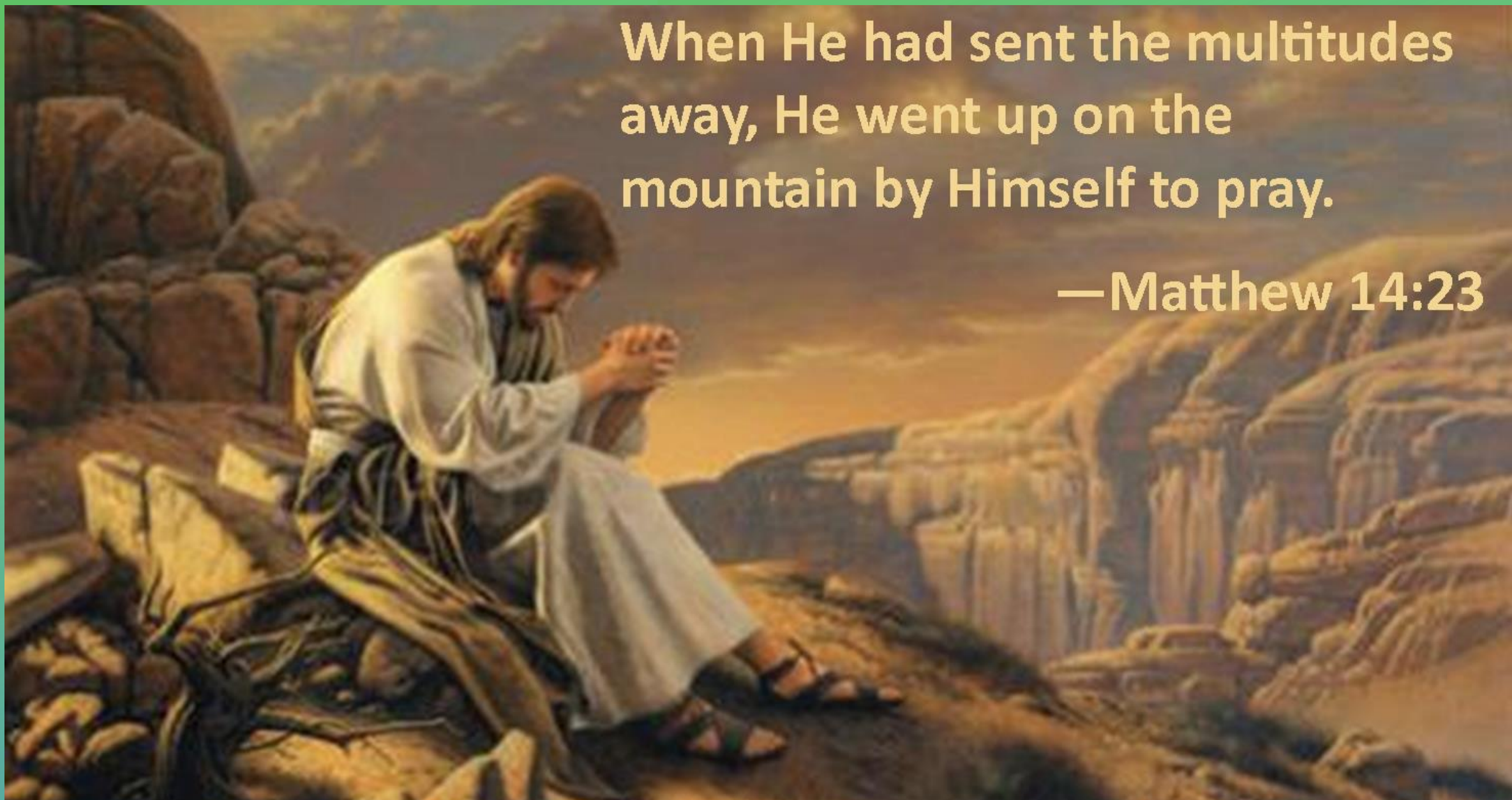
*James 5:16*

39 And he came out and went, as was his custom, to the Mount of Olives, and the disciples followed him. 40 And when he came to the place, he said to them, “Pray that you may not enter into temptation.” 41 And he withdrew from them about a stone's throw, and knelt down and prayed, 42 saying, “Father, if you are willing, remove this cup from me. Nevertheless, not my will, but yours, be done.”

**LUKE 22:39 – 42 (ESV)**

**When He had sent the multitudes  
away, He went up on the  
mountain by Himself to pray.**

**—Matthew 14:23**



BUT WHEN YOU PRAY,  
GO INTO YOUR ROOM,  
CLOSE THE DOOR AND  
PRAY TO YOUR FATHER,  
WHO IS UNSEEN.  
THEN YOUR FATHER,  
WHO SEES WHAT IS DONE  
IN SECRET,  
WILL REWARD YOU.

---

MATTHEW 6:6



WHAT ARE THE  
CHARACTERISTI  
CS OF  
CHRISTLIKE  
DRIVEN  
PRAYER LIFE?

## A Prepared Life

- Proverbs 15:29
- James 5:16

## A Prepared Mind

- James 4:1 – 4
- James 1:5 – 8

## A Prepared Heart

# A PREPARED HEART

- **Our hearts must be humbled under the mighty hand of God!**

- Matthew 6:5 – 8
- Matthew 6:9 – 10
- 1 Peter 5:6 – 7

- **Our hearts must be willing to forgive!**

- Matthew 6:12
- Matthew 6:14 – 15

- **Our hearts must be full of gratitude!**

- Psalms 56:12 – 13
- Ephesians 5:20

- **Our hearts must be focused on the needs of others, not only our own!**

- Philippians 2:4
- 1 Thessalonians 1:2 – 3
- Colossians 4:2 – 4



**HAVE YOU PREPARED YOUR  
LIFE FOR GOD TO HEAR  
YOUR PRAYERS?**