

Reasons Why:

1. Give a “wake-up” call to the spouse.

A close-up photograph of a single, horizontal strip of torn, light-brown paper. The paper has jagged, irregular edges, suggesting it was torn by hand. The word "TRUST" is printed in a bold, black, serif font across the center of the strip. The paper is set against a dark, textured background, possibly a wooden surface, which is softly lit from the upper left, creating a warm, golden glow around the paper.

Reasons Why:

1. Give a “wake-up” call to the spouse.
2. Too tempting to resist

A close-up photograph of a single, horizontal strip of aged, yellowish-brown paper with irregular, torn edges. The word "TRUST" is printed in a bold, black, serif font across the center of the strip. The paper is set against a soft, out-of-focus background of the same warm, golden-brown color, creating a sense of depth and texture. The lighting is warm and directional, casting a slight shadow to the right of the paper strip.

Reasons Why:

1. Give a “wake-up” call to the spouse.
2. Too tempting to resist
3. A friendship gets out of control.

A close-up photograph of a single, horizontal strip of light brown, textured paper with irregular, torn edges. The word "TRUST" is printed in a bold, black, serif font across the center of the strip. The paper is set against a soft, warm-toned background that appears to be a light-colored surface, possibly wood or stone, with a subtle gradient and a small shadow cast beneath the paper.

Reasons Why:

1. Give a “wake-up” call to the spouse.
2. Too tempting to resist
3. A friendship gets out of control.
4. My spouse doesn't live up to my expectations anymore.

A piece of torn, light brown paper with the word "TRUST" written in a bold, black, serif font. The paper is slightly crumpled and has irregular, torn edges. The background is a soft, warm, golden-brown color with a subtle gradient.

Biblical Reasons Why Not:

- 1. It's one of the Ten Commandments
(Exodus 20:14)

“You shall not commit adultery.”

Biblical Reasons Why Not:

- 1. It's one of the Ten Commandments (Exodus 20:14)
- 2. It carried the death penalty in the Law of Moses (Leviticus 20:10).

“The man who commits adultery with another man's wife, he who commits adultery with his neighbor's wife, the adulterer and the adulteress, shall surely be put to death.”

Biblical Reasons Why Not:

- 1. It's one of the Ten Commandments
(Exodus 20:14)
- 2. It carried the death penalty in the Law of Moses (Leviticus 20:10).
- 3. It violates the first rule of marriage
(Romans 7:2-3).

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- 2. It carried the death penalty in the Law of Moses (Leviticus 20:10).
- 3. It violates the first rule of marriage
(Romans 7:2-3).
- 4. It constitutes the single exception to the rule of marriage (Matthew 19:9).

“And I say to you, whoever divorces his wife, except for sexual immorality, and marries another, commits adultery; and whoever marries her who is divorced commits adultery.”

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- 5. It is the case study for withdrawal (1 Cor. 5).

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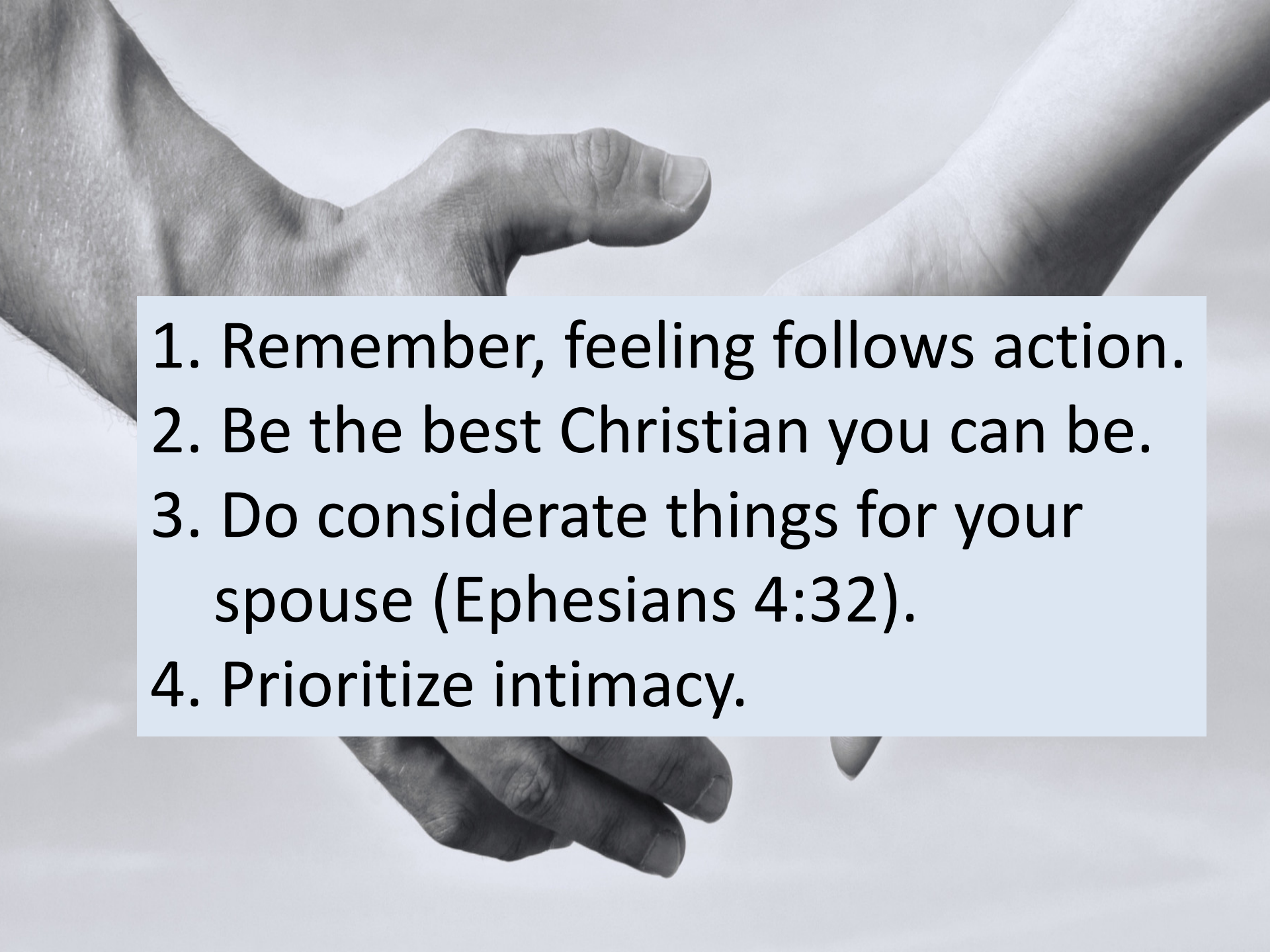
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- 5. It is the case study for withdrawal (1 Cor. 5).
- 6. It is explicitly a damning act (Gal. 5:19, 1 Cor. 6)

- Marriage is honorable among all, and the bed undefiled; but fornicators and adulterers God will judge.

(Hebrews 13:4)



1. Cultivate a great marriage.

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1. Remember, feeling follows action.
 2. Be the best Christian you can be.
 3. Do considerate things for your spouse (Ephesians 4:32).
 4. Prioritize intimacy.

- Let the husband render to his wife the affection due her, and likewise also the wife to her husband. The wife does not have authority over her own body, but the husband does. And likewise the husband does not have authority over his own body, but the wife does. Do not deprive one another except with consent for a time, that you may give yourselves to fasting and prayer; and come together again so that Satan does not tempt you because of your lack of self-control.

(1 Corinthians 7:3-5)



2. Fear adultery.

Rules:

1. No pornography
2. Don't put yourself in danger.
3. Keep your closest friendships
SAME SEX.
4. Be protective of your marriage.
5. Test your heart often.

Test your heart often:

1. Sharing more feelings and thoughts with my friend than with my spouse?
2. Sexual tension?
3. Secrecy?

“Remove your way far from her, and do not go near the door of her house” (Proverbs 5:8).

3. Communicate. Communicate.



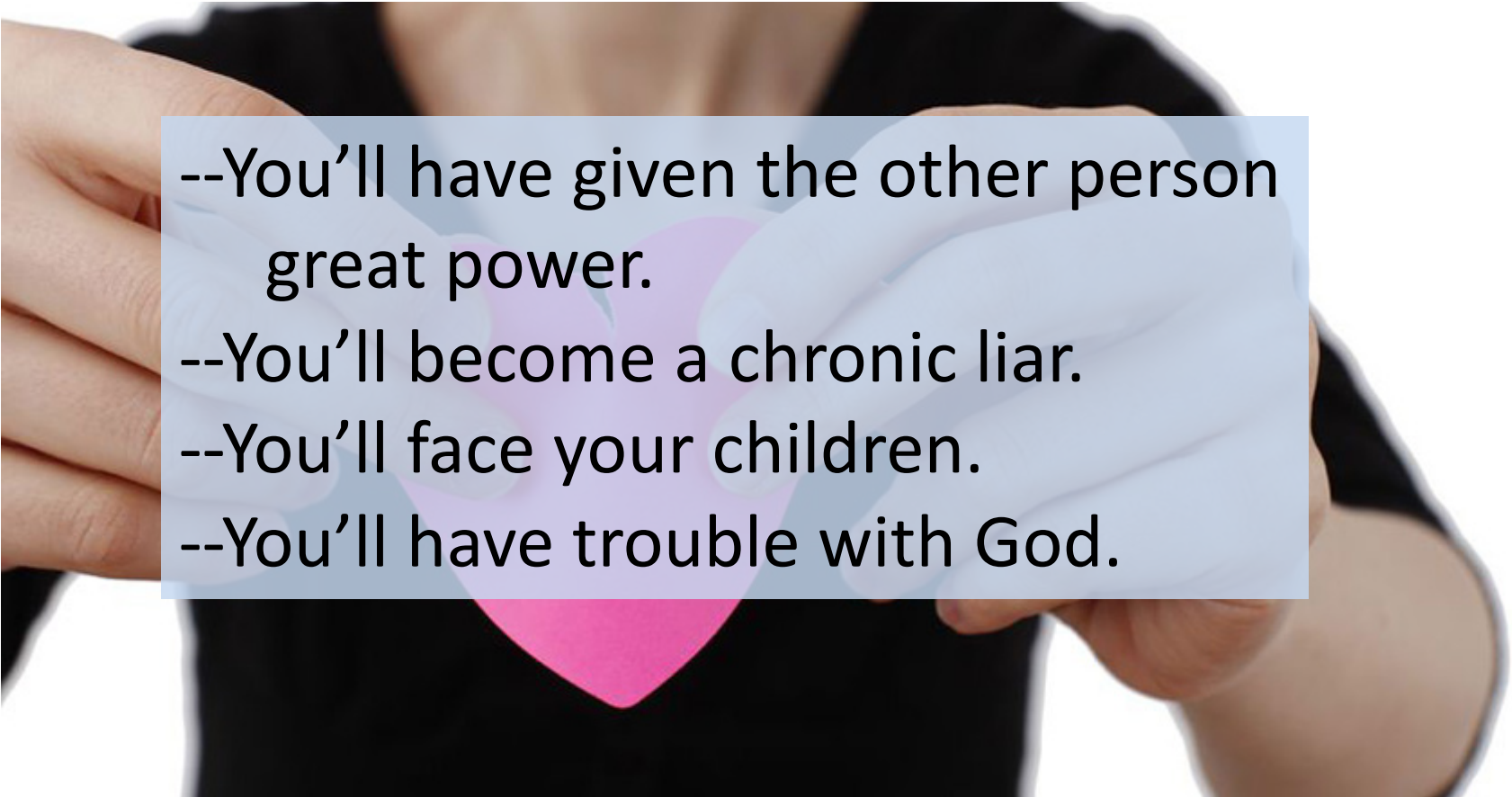
4. Share a hobby.



5. Use your imagination.



5. Use your imagination

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- A person wearing a black shirt is holding a large, bright pink heart with both hands. The heart is the central focus of the image. A semi-transparent light blue rectangular box is overlaid on the heart, containing a list of consequences.
- You'll have given the other person great power.
 - You'll become a chronic liar.
 - You'll face your children.
 - You'll have trouble with God.