

# Blessed Are Those Who Mourn

*4 Blessed are those who mourn, for they shall be comforted.*

(Matthew 5:4)



A Brazilian jail cell

# Who are those who mourn?

- ▶ **Weeping over the sin in his life.**
  - ▶ Matthew 5:4
  - ▶ Luke 22:54 - 62
  - ▶ Romans 7:21 - 24



Ryan Braun - Godly Sorrow vs Worldly Sorrow

# Who are those who mourn?

- ▶ Weeping over the sin in his life.
- ▶ Sorrow leads to repentance and comfort.
  - ▶ 2 Corinthians 7:8 - 10
  - ▶ James 4:8 - 10
  - ▶ Romans 7:24 - 25a
  - ▶ Acts 8:39

# Who are those who mourn?

- ▶ Weeping over the sin in his life.
- ▶ Sorrow leads to repentance and comfort.
- ▶ Weeping over sin in the lives of others.
  - ▶ Luke 19:41 - 44
  - ▶ Acts 20:18 - 21
  - ▶ Acts 20:31
  - ▶ Psalm 51:10 - 13

# What is the weight of sin that you bear?

*28 Come to Me, all you who labor and are heavy laden, and I will give you rest. 29 Take My yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls. 30 For My yoke is easy and My burden is light."*

(Matthew 11:28 - 30)