### "True Spirituality"

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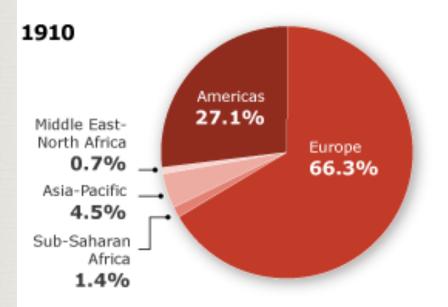
"...to be spiritually minded is life and peace."

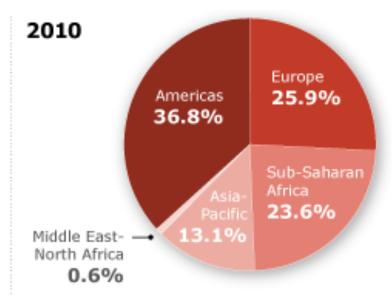
- Romans 8:6

# Being Religious versus Being Spiritual

We need to understand the difference between these mindsets.

#### Regional Distribution of Christians



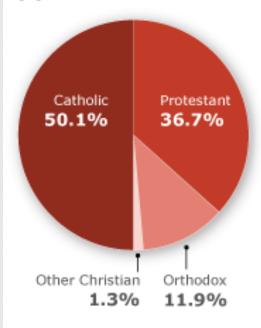


Figures for 1910 are from a Pew Forum analysis of data from the Center for the Study of Global Christianity. Percentages may not add to 100 due to rounding.

Pew Research Center's Forum on Religion & Public Life • Global Christianity, December 2011

#### Major Christian Traditions

Percentage of Christian population that is ...



Percentages may not add to 100 due to rounding.

Pew Research Center's Forum on Religion & Public Life Global Christianity, December 2011

### 10 Countries with the Largest Number of Christians

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Countries United States Brazil Mexico Russia Philippines Nigeria	2010 CHRISTIAN POPULATION 246,780,000 175,770,000 107,780,000 105,220,000 86,790,000 80,510,000	POPULATION THAT IS CHRISTIAN 79.5% 90.2 95.0 73.6 93.1 50.8	OF WORLD CHRISTIAN POPULATION 11.3% 8.0 4.9 4.8 4.0
China	67,070,000	5.0	3.1
DR Congo	63,150,000	95.7	2.9
Germany	58,240,000	70.8	2.7
Ethiopia	52,580,000	63.4	2.4
Subtotal for the 10 Countries	1,043,880,000	40.4	47.8
Total for Rest of World	1,140,180,000	6.3	52.2
World Total	2,184,060,000	31.7	100.0

Population estimates are rounded to the ten thousands. Percentages are calculated from unrounded numbers. Figures may not add exactly due to rounding. See Appendix C for details on the range of estimates available for China.

# Is Being Religious Enough?

"If anyone among you thinks he is religious, and does not bridle his tongue but deceives his own heart, this one's religion is useless."

James 1:26

#### Things to be Consider



- What does being religious really mean?
- What did Jesus say about the religious of his day?
  - Matthew 6:5
  - Matthew 23:28
  - Revelation 2:1-7
- **®**Beware of Traditions
  - **©**Colossians 2:8

## What does it mean to be Truly Spiritual?

**™**Is it only an Emotional Experience?

**®**Romans 6:12 – 13

#### A Proper Focus

CB

- **™**Matthew 6:25 34
- Colossian 3:1, 2
- The Key Question: "Is this a benefit for my spiritual being?"
- - ∝Philippians 2:5 8
  - **⇔**Galatians 6:1

# How Spiritually Minded are you?

James 1:21 – 27